

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Melders Peter

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 100M BUTTERFLY WOMEN					Heat:5, starttime: 09:05
Heat: 5/5 Lane : 4 Athlete: VANOTTERDIJK ROOS					Q-time: 00:55:64
PB (25m pool): 55.64 Carmel (USA) 12 Oct 2025					PB (50m pool): 55.84 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		25.99		55.64	
		25.99		29.65	
					

Coach feedback:

Event number: 34: 200M BACKSTROKE WOMEN					Heat:4, starttime: 09:45			
Heat: 4/4 Lane : 5 Athlete: BUSSELS FLEUR					Q-time: 02:14:41			
PB (25m pool): 2:13.83 Sint Amandsberg 11 Nov 2023					PB (50m pool): 2:18.55 SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		31.26		1:05.23		1:39.64		2:13.83
		31.26		33.97		34.41		34.19
								

Coach feedback:

Event number: 36: 200M MEDLEY WOMEN					Heat:3, starttime: 10:05			
Heat: 3/3 Lane : 4 Athlete: VANOTTERDIJK ROOS					Q-time: 02:09:73			
PB (25m pool): 2:05.81 Toronto (CAN) 25 Oct 2025					PB (50m pool): 2:09.73 SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		26.68		58.04		1:35.21		2:05.81
		26.68		31.36		37.17		30.60
								

Coach feedback:

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Event number: 37: 200M BREASTSTROKE MEN							Heat:4, starttime: 10:15	
Heat: 4/5 Lane : 5 Athlete: VRANKEN BARTEL							Q-time: 02:17:55	
PB (25m pool): 2:15.53 Aachen (GER) 11 Oct 2025				PB (50m pool): 2:22.07 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		30.21		1:05.08		1:40.46		2:15.53
	30.21		34.87		35.38		35.07	
								

Coach feedback:

Event number: 37: 200M BREASTSTROKE MEN							Heat:4, starttime: 10:15	
Heat: 4/5 Lane : 8 Athlete: ORIS TIM							Q-time: 02:26:62	
PB (25m pool): 2:26.62 Hasselt 28 Apr 2024				PB (50m pool): 2:33.10 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		32.68		1:09.73		1:47.60		2:26.62
	32.68		37.05		37.87		39.02	
								

Coach feedback:

Event number: 37: 200M BREASTSTROKE MEN							Heat:5, starttime: 10:20	
Heat: 5/5 Lane : 2 Athlete: METTEN VINCE							Q-time: 02:23:15	
PB (25m pool): 2:23.15 Hasselt 11 Oct 2025				PB (50m pool): 2:29.35 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		32.62		1:09.26		1:46.20		2:23.15
	32.62		36.64		36.94		36.95	
								

Coach feedback:

Event number: 37: 200M BREASTSTROKE MEN							Heat:5, starttime: 10:20	
Heat: 5/5 Lane : 6 Athlete: SOENS ELIAS							Q-time: 02:21:68	
PB (25m pool): 2:20.20 Den Haag (16 Dec 2023				PB (50m pool): 2:27.74 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		31.87		1:07.02		1:42.90		2:20.20
	31.87		35.15		35.88		37.30	
								

Coach feedback:

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Event number: 38: 100M FREESTYLE WOMEN					Heat:8, starttime: 10:30
Heat: 8/8 Lane : 3 Athlete: BUSSELS FLEUR					Q-time: 00:56:51
PB (25m pool): 56.51 Herentals 17 May 2025					PB (50m pool): 56.85 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		27.19		56.51	
	27.19		29.32		
					

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN					Heat:8, starttime: 10:30
Heat: 8/8 Lane : 4 Athlete: VANOTTERDIJK ROOS					Q-time: 00:52:61
PB (25m pool): 52.61 Copenhagen (DEN 15 Dec 2024					PB (50m pool): 53.62 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		25.48		52.61	
	25.48		27.13		
					

Coach feedback:

Event number: 39: 100M MEDLEY MEN					Heat:4, starttime: 10:40
Heat: 4/9 Lane : 3 Athlete: ORIS TIM					Q-time: 01:01:16
PB (25m pool): 1:00.96 Bree 22 Dec 2019					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB					
					

Coach feedback:

Event number: 39: 100M MEDLEY MEN					Heat:7, starttime: 10:45
Heat: 7/9 Lane : 6 Athlete: SOENS ELIAS					Q-time: 00:58:22
PB (25m pool): 58.22 Gent 11 Nov 2024					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		26.90		58.22	
	26.90		31.32		
					

Coach feedback:

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Event number: 39: 100M MEDLEY MEN					Heat:8, starttime: 10:45
Heat: 8/9 Lane : 3 Athlete: VRANKEN BARTEL					Q-time: 00:57:86
PB (25m pool): 57.86 Gent 11 Nov 2024					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		27.16		57.86	
	27.16		30.70		
					

Coach feedback: